

## Lifeline Programme Handbook a.y. 2026/2027

### I. HEALTHCARE TRACK

I semester		
<b>Alexandru Ioan Cuza University of Iasi - UAIC</b>	<b>ECTS</b>	
Life-course approach and lifelong well-being	7	Compulsory
Demography and public health	6	Compulsory
Ethics and academic integrity	5	Compulsory
International law for sustainable development. Health and well-being	6	Elective (2 from 4)
Self-management in non-communicable diseases	6	
Stress management	6	
Applied skills for healthy ageing in place	6	
<b>TOT ECTS</b>	<b>30</b>	
II semester		
<b>University of Salamanca - USAL</b>	<b>ECTS</b>	
Introduction to molecular biology of cancer and pharmacological treatment	6	Compulsory
Tumor microenvironment. Therapeutic strategies based on its modulation	3	Compulsory
Regulation and integration of metabolism	3	Compulsory
Molecular Bases of Tumoral Variability: Modifier Genes of The Susceptibility and Evolution of Cancer	3	Compulsory
Anti-Tumor Immunotherapy: From Biology to Clinical Applications	3	Compulsory
Bioinformatics and Computational Genomics in Cancer Research	3	Compulsory
Communication strategies for cancer research	3	Compulsory
Advances in neurology and neuropsychology: neurodegenerative diseases	6	Compulsory
<b>TOT ECTS</b>	<b>30</b>	
III semester		
<b>University of Pavia - UNIPV</b>	<b>ECTS</b>	

Morpho-functional basis and regenerative medicine – <i>Experimental and applied histology: Tissue engineering and regenerative medicine</i> – <i>Physiology of Ageing</i> – <i>Biology of Aging: from basic science to clinical implications</i>	9	Compulsory
Medical and pharmaceutical applications to well-being – <i>Clinical applications of Biotechnologies</i> – <i>Computational Chemistry and Biology in aging</i> – <i>Novel drug design and preparations</i>	6	Compulsory
Health Management and geroscience – <i>Risk Management</i> – <i>Health risk Management</i> – <i>Big data Analytics</i> – <i>Geroscience: the intersection of basic aging biology, chronic diseases and life-style medicine for sustainable health</i> – <i>Surgical application of biotechnologies</i> – <i>Transgenerational medicine and gendered aging</i> – <i>From mother womb to adolescence: how we build up our future health and well-being</i>	15	Compulsory
<b>TOT ECTS</b>	<b>30*</b>	
<b>IV semester</b>		
<b>One of 7 university partners</b>	<b>ECTS</b>	
The semester is reserved for the Master thesis – cotutelle formula (preparation, learning and research activities).	<b>30</b>	Compulsory

\*EU students and NON-EU students residing in Italy with a study title obtained abroad must carry out an Italian language course at B1 level in the field of “further linguistic knowledge” (3 ECTS) in order to receive UNIPV title. The following students are exempted: a) students who obtained a study title at high school level or bachelor level in Italian language in Italy; b) students who obtained an Italian study title abroad, c) students having a B1 level knowledge certificate of Italian.

## II. WELFARE TRACK

I semester		
Alexandru Ioan Cuza University of Iasi - UAIC	ECTS	
Life-course approach and lifelong well-being	7	Compulsory
Demography and public health	6	Compulsory
Ethics and academic integrity	5	Compulsory
International law for sustainable development. Health and well-being	6	Elective (2 from 4)

Self-management in non-communicable diseases	6				
Stress management	6				
Applied skills for healthy ageing in place	6				
<b>TOT ECTS</b>	<b>30</b>				
<b>II semester</b>					
<b>option 1: Alexandru Ioan Cuza University of Iasi - UAIC</b>	<b>ECTS</b>				
Qualitative research on well-being	7		Compulsory		
Mental health and well-being	6		Compulsory		
Quantitative research on well-being	6		Compulsory		
Behaviors and health risks	6		Compulsory		
Wellness and smart ageing	5		Compulsory		
<b>TOT ECTS</b>	<b>30</b>				
<b>option 2: University of Turku - UTU</b>	<b>ECTS</b>				
Digitalisation Supporting Management and Leadership in Healthcare	5		Compulsory		
Process of Instrument Implementation	10		Compulsory		
Orientation and Definition of an Instrument	5		Compulsory		
Process of Instrument Development and Evaluating Existing Instruments	10		Compulsory		
<b>TOT ECTS</b>	<b>30</b>				
<b>III semester</b>					
<b>option 1: University of Jena – FSU (Excerpt of Guest Study Table with Modules of 10 or 15 ECTS; please see Guest Study Recommendations of the International Office for complete offers of Psychology)</b>		<b>Number of courses per module</b>	<b>Duration of the module (semesters)</b>	<b>Total ECTS per completed module</b>	
Module MPSYA01	Research Methods	4	2	15	
Module MPSYCP02	Psychological diagnostics	2	1-2	10	
Module MPSYCP03	Specialization Foundations CPCN I	3	1-2	15	
Module MPSYCP04	Specialization Foundations CPCN II	3	1-2	15	

Module MPSYPT03	Scientific Specialization Psychotherapy	2	1-2	10	
Module MPSYAB03a	Specialization Foundations Developmental, educational and school psychology	3	1-2	15	
Module MPSYAB03b	Specialization Foundations in occupational, organizational and health psychology	3	1-2	15	
Module MPSYAB03c	Specialization Foundations Legal Psychology	3	2	15	
Module MPSYAB03d	Individual specialization foundations	3	2	15	
Module MPSYAB04a	Applied specialization Developmental, educational and school psychology	3	1-2	15	
Module MPSYAB04b	Applied specialization occupational, organizational and health psychology	3	1-2	15	
Module MPSYAB04c	Applied specialization legal psychology	3	1-2	15	
Module MPSYAB04d	Individual applied specialization	3	1-2	15	
<b>TOT ECTS (according to module combination)</b>				<b>30</b>	
<b>option 2: University of Coimbra - UC</b>		<b>ECTS</b>			
Healthy Urban Planning		10	Compulsory		
Global Health		10	Compulsory		
Population, Migrations and Development		10	Compulsory		
<b>TOT ECTS</b>		<b>30</b>			
<b>option 3: University of Poitiers - UP</b>		<b>ECTS</b>			
Biorthogonal chemistry and chemical biology		4	Compulsory		
Biomechanics of human movement and disability		3	Compulsory		
Tailored exercise and pathologies		4	Compulsory		
Means of prescribing physical activity		4	Compulsory		
Computer Vision		3	Compulsory		

Methodologies and technological innovations in Health biology	6	Compulsory
Programming Tools and methodology	6	Compulsory
<b>TOT ECTS</b>	<b>30</b>	
<b>IV semester: one of 5 accredited university partners</b>	<b>ECTS</b>	
The semester is reserved for the Master thesis – cotutelle formula (preparation, learning and research activities).	<b>30</b>	Compulsory
“Alexandru Ioan Cuza” University of Iasi:		
Economics of Health and Wellbeing	6	Compulsory
Positive Psychology	5	
Appreciative Methods for Social Interventions	5	
Preventive Strategies in Road Traffic	5	
Professional Practice	4	
Practice for Preparation of Dissertation / Thesis	5	
<b>TOT ECTS</b>	<b>30</b>	