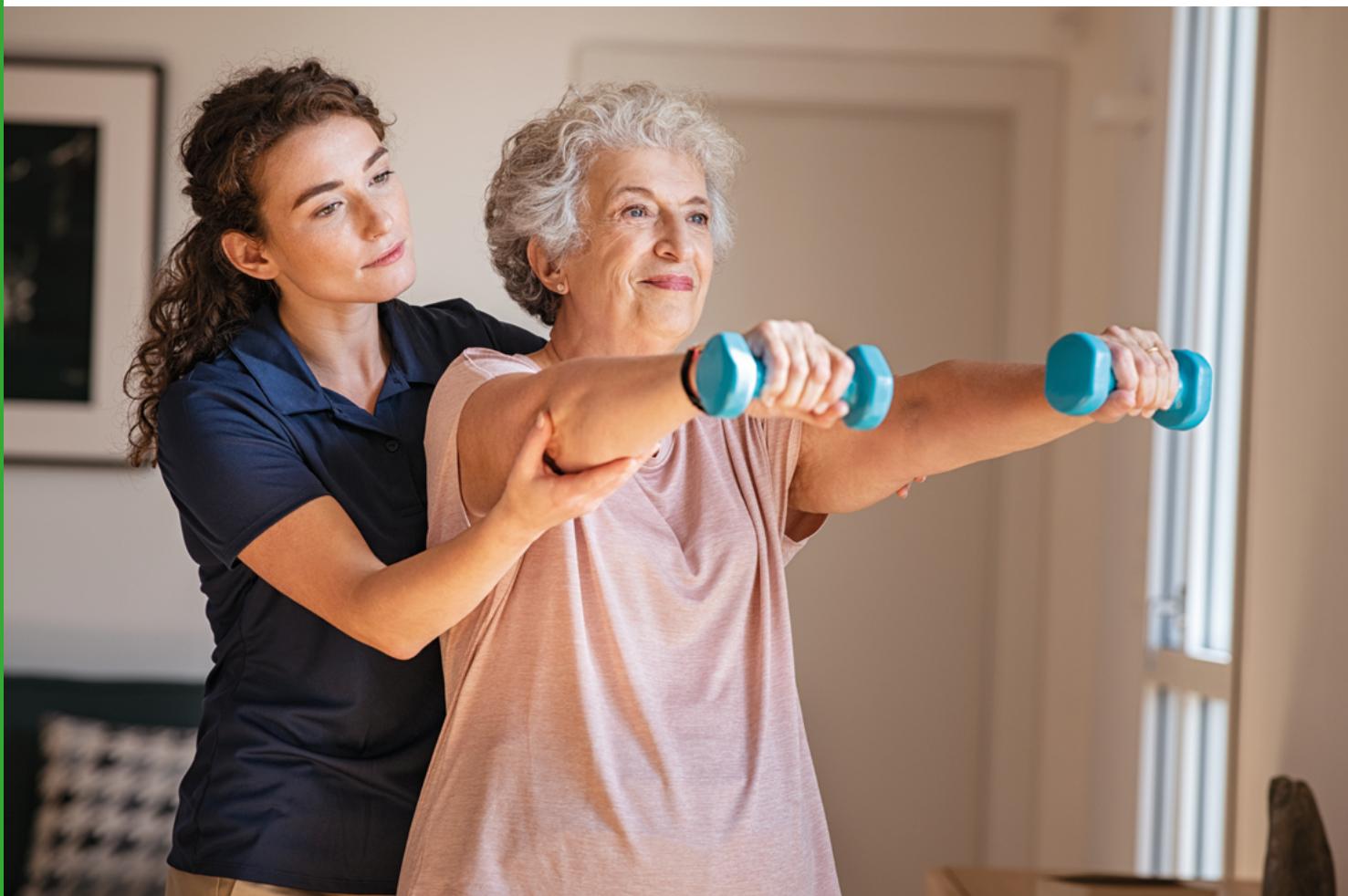




**EC2U**  
**Joint Masters**

**LIFELINE – Lifelong Well-Being  
and Healthy Ageing**

Become a high-level expert  
in the interdisciplinary fields related  
to well-being and ageing



**A unique Master's Programme  
jointly offered by EC2U universities:  
an opportunity to personalise  
your learning path in an international  
environment**



European Campus  
of City-Universities



## EC2U Joint Masters

# LIFELINE – Lifelong Well-Being and Healthy Ageing

The EC2U Joint Master's Programme "LIFELINE – Lifelong Well-being and Healthy Ageing" is a **2-year Master's Degree** (4 semesters, 30 ECTS each, 120 ECTS in total) that provides students with knowledge, skills, professional and research competences necessary to the **specialists of interdisciplinary approaches concerning lifelong well-being and healthy ageing**.

This degree is in line with professional practice and will **form high-level experts in the health and welfare fields related to well-being and ageing**.

## A new university to discover each semester!

The EC2U Campus provides students with the opportunity to study abroad, gain multicultural experiences, and expand their professional network. **Over the course of their learning journey, students can study in up to 4 of the 9 EC2U universities.**

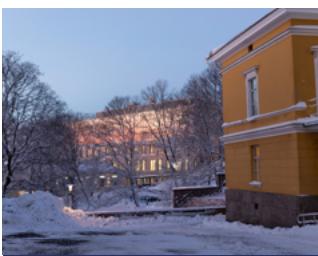
## A degree tailored to students' needs

Students will be able to **personalise their curriculum**: they will choose their study plan in accordance with the course catalogue provided by the universities they will be studying at.

## Career Opportunities

**The objective of this Master's Programme is to train high-level experts in the health and welfare fields related to ageing. For example:**

- Manager in national and international biotechnological and pharmaceutical companies
- Laboratory manager in public and private health facilities
- Regulatory affairs expert for structures involved in production programmes and preclinical and clinical trials
- Manager in structures responsible for the surveillance of biotechnological processes with ethical and psychosocial implications
- Scientific researcher at international universities and research institutions
- Consultant in social welfare fields
- Community care case worker and welfare rights officer
- Lifelong well-being and healthy ageing advisor



TURKU (FINLAND)



POITIERS (FRANCE)



JENA (GERMANY)



PAVIA (ITALY)



COIMBRA

# Programme structure and mobility scheme

This Master's Programme is offered jointly by 5 European universities which are rooted in the tradition of excellence.

- University of Salamanca (Spain)
- University of Coimbra (Portugal)  
\*Accepts only EU students
- Alexandru Ioan Cuza University of Iași (Romania)
- University of Pavia (Italy)
- University of Poitiers (France)

These universities provide students with personalised attention throughout their studies and a unique campus and student life.

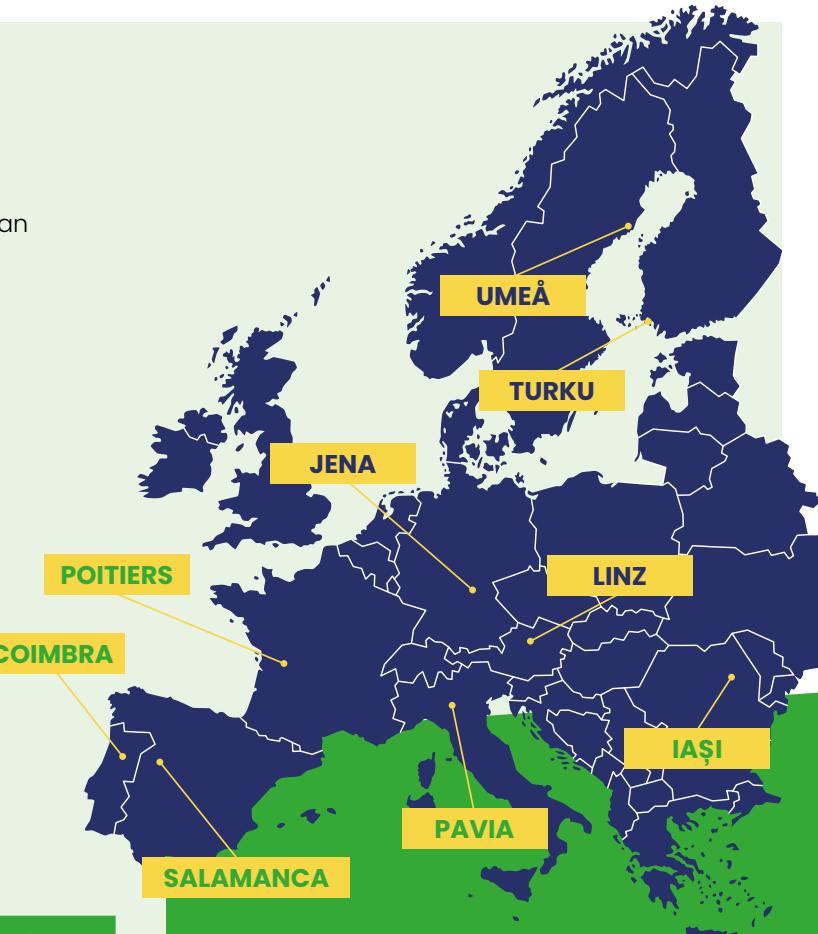
This Joint Master's Programme is tailored to students' needs and offers them the opportunity to personalise their learning path in an international environment.

	HEALTHCARE TRACK		WELFARE TRACK
YEAR 1	Semester 1	University of Iași	University of Iași
	Semester 2	University of Salamanca	University of Iași OR University of Turku
YEAR 2	Semester 1	University of Pavia	University of Jena OR University of Poitiers OR University of Coimbra
	Semester 2	Any of the 5 universities	Any of the 5 universities*

\*The fourth semester is reserved for thesis preparation, related learning and research activities. An Erasmus mobility programme to any of the universities of the EC2U Alliance is also possible during the final semester.

**Two semesters abroad are required and students may not spend more than 2 semesters at the same university.**

*"I am extremely grateful because this master's programme helped me find my way, figure out what I want to do next with my life. Thanks to the whole team who made this whole journey possible." - A 2024 graduate student*



## Admission requirements

- Candidates must hold a Bachelor's Degree (or recognised equivalent) in one of the following areas: health and welfare, social and behavioural sciences, psychology and sports, life sciences or any other area accepted in the country of the application;
- Knowledge of English – minimum B2 level



(PORTUGAL)

IAȘI (ROMANIA)

SALAMANCA (SPAIN)

LINZ (AUSTRIA)

UMEÅ (SWEDEN)



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## **EC2U Student fees & scholarships**

**Student fees are detailed  
on [www.ec2u.eu](http://www.ec2u.eu).**

## **Practical details**

Contact us:

**University of Salamanca:** [ec2u@usal.es](mailto:ec2u@usal.es)

**University of Coimbra:** [dri@uc.pt](mailto:dri@uc.pt)

**University Alexandru Ioan Cuza of Iași:** [relint@uaic.ro](mailto:relint@uaic.ro)

**University of Pavia:** [welcomeoffice@unipv.it](mailto:welcomeoffice@unipv.it)

**University of Poitiers:** [ec2u@univ-poitiers.fr](mailto:ec2u@univ-poitiers.fr)

Academic calendar:

First semester: fall season	Second semester: spring season
Third semester: fall season	Fourth semester: spring season

Graduation date: based on the academic calendar of the university where the students enroll in the fourth semester

EC2U is a multicultural and multilingual Alliance that places students at the heart of its actions. The Alliance offers other Joint Master's Programmes that are tailor-made in specific fields of expertise.



**Application  
and information  
at [www.ec2u.eu](http://www.ec2u.eu)**

