

Lifeline Programme Handbook a.y. 2026/2027

I. HEALTHCARE TRACK

I semester		
Alexandru Ioan Cuza University of Iasi - UAIC	ECTS	
Life-course approach and lifelong well-being	7	Compulsory
Demography and public health	6	Compulsory
Ethics and academic integrity	5	Compulsory
International law for sustainable development. Health and well-being	6	Elective (2 from 4)
Self-management in non-communicable diseases	6	
Stress management	6	
Applied skills for healthy ageing in place	6	
TOT ECTS	30	
II semester		
University of Salamanca - USAL	ECTS	
Introduction to molecular biology of cancer and pharmacological treatment	6	Compulsory
Tumor microenvironment. Therapeutic strategies based on its modulation	3	Compulsory
Regulation and integration of metabolism	3	Compulsory
Molecular Bases of Tumoral Variability: Modifier Genes of The Susceptibility and Evolution of Cancer	3	Compulsory
Anti-Tumor Immunotherapy: From Biology to Clinical Applications	3	Compulsory
Bioinformatics and Computational Genomics in Cancer Research	3	Compulsory
Communication strategies for cancer research	3	Compulsory
Advances in neurology and neuropsychology: neurodegenerative diseases	6	Compulsory
TOT ECTS	30	

III semester		
University of Pavia - UNIPV	ECTS	
Morpho-functional basis and regenerative medicine <ul style="list-style-type: none"> – <i>Experimental and applied histology: Tissue engineering and regenerative medicine</i> – <i>Physiology of Ageing</i> – <i>Biology of Aging: from basic science to clinical implications</i> 	9	Compulsory
Medical and pharmaceutical applications to well-being <ul style="list-style-type: none"> – <i>Clinical applications of Biotechnologies</i> – <i>Computational Chemistry and Biology in aging</i> – <i>Novel drug design and preparations</i> 	6	Compulsory
Health Management and geroscience <ul style="list-style-type: none"> – <i>Risk Management</i> – <i>Health risk Management</i> – <i>Big data Analytics</i> – <i>Geroscience: the intersection of basic aging biology, chronic diseases and life-style medicine for sustainable health</i> – <i>Surgical application of biotechnologies</i> – <i>Transgenerational medicine and gendered aging</i> – <i>From mother womb to adolescence: how we build up our future health and well-being</i> 	15	Compulsory
TOT ECTS	30*	
IV semester		
One of 7 university partners	ECTS	
The semester is reserved for the Master thesis – cotutelle formula (preparation, learning and research activities).	30	Compulsory

*EU students and NON-EU students residing in Italy with a study title obtained abroad must carry out an Italian language course at B1 level in the field of “further linguistic knowledge” (3 ECTS) in order to receive UNIPV title. The following students are exempted: a) students who obtained a study title at high school level or bachelor level in Italian language in Italy; b) students who obtained an Italian study title abroad, c) students having a B1 level knowledge certificate of Italian.

II. WELFARE TRACK

I semester		
Alexandru Ioan Cuza University of Iasi - UAIC	ECTS	
Life-course approach and lifelong well-being	7	Compulsory
Demography and public health	6	Compulsory
Ethics and academic integrity	5	Compulsory
International law for sustainable development. Health and well-being	6	Elective (2 from 4)
Self-management in non-communicable diseases	6	
Stress management	6	
Applied skills for healthy ageing in place	6	
TOT ECTS	30	
II semester		
option 1: Alexandru Ioan Cuza University of Iasi - UAIC	ECTS	
Qualitative research on well-being	7	Compulsory
Mental health and well-being	6	Compulsory
Quantitative research on well-being	6	Compulsory
Behaviors and health risks	6	Compulsory
Wellness and smart ageing	5	Compulsory
TOT ECTS	30	
option 2: University of Turku - UTU	ECTS	
Digitalisation Supporting Management and Leadership in Healthcare	5	Compulsory
Process of Instrument Implementation	10	Compulsory
Orientation and Definition of an Instrument	5	Compulsory
Process of Instrument Development and Evaluating Existing Instruments	10	Compulsory
TOT ECTS	30	

III semester					
option 1: University of Jena – FSU (Excerpt of Guest Study Table with Modules of 10 or 15 ECTS; please see Guest Study Recommendations of the International Office for complete offers of Psychology)		Number of courses per module	Duration of the module (semesters)	Total ECTS per completed module	
Module MPSYA01	Research Methods	4	2	15	
Module MPSYCP02	Psychological diagnostics	2	1-2	10	
Module MPSYCP03	Specialization Foundations CPCN I	3	1-2	15	
Module MPSYCP04	Specialization Foundations CPCN II	3	1-2	15	
Module MPSYPT03	Scientific Specialization Psychotherapy	2	1-2	10	
Module MPSYAB03a	Specialization Foundations Developmental, educational and school psychology	3	1-2	15	
Module MPSYAB03b	Specialization Foundations in occupational, organizational and health psychology	3	1-2	15	
Module MPSYAB03c	Specialization Foundations Legal Psychology	3	2	15	
Module MPSYAB03d	Individual specialization foundations	3	2	15	
Module MPSYAB04a	Applied specialization Developmental, educational and school psychology	3	1-2	15	
Module MPSYAB04b	Applied specialization occupational, organizational and health psychology	3	1-2	15	
Module MPSYAB04c	Applied specialization legal psychology	3	1-2	15	
Module MPSYAB04d	Individual applied specialization	3	1-2	15	

TOT ECTS (according to module combination)		30
option 2: University of Coimbra - UC	ECTS	
Healthy Urban Planning	10	Compulsory
Global Health	10	Compulsory
Population, Migrations and Development	10	Compulsory
TOT ECTS	30	
option 3: University of Poitiers - UP	ECTS	
Biorthogonal chemistry and chemical biology	4	Compulsory
Biomechanics of human movement and disability	3	Compulsory
Tailored exercise and pathologies	4	Compulsory
Means of prescribing physical activity	4	Compulsory
Computer Vision	3	Compulsory
Methodologies and technological innovations in Health biology	6	Compulsory
Programming Tools and methodology	6	Compulsory
TOT ECTS	30	
IV semester: one of 5 accredited university partners	ECTS	
The semester is reserved for the Master thesis – cotutelle formula (preparation, learning and research activities).	30	Compulsory

“Alexandru Ioan Cuza” University of Iasi:		
Economics of Health and Wellbeing	6	Compulsory
Positive Psychology	5	
Appreciative Methods for Social Interventions	5	
Preventive Strategies in Road Traffic	5	
Professional Practice	4	
Practice for Preparation of Dissertation / Thesis	5	
TOT ECTS	30	