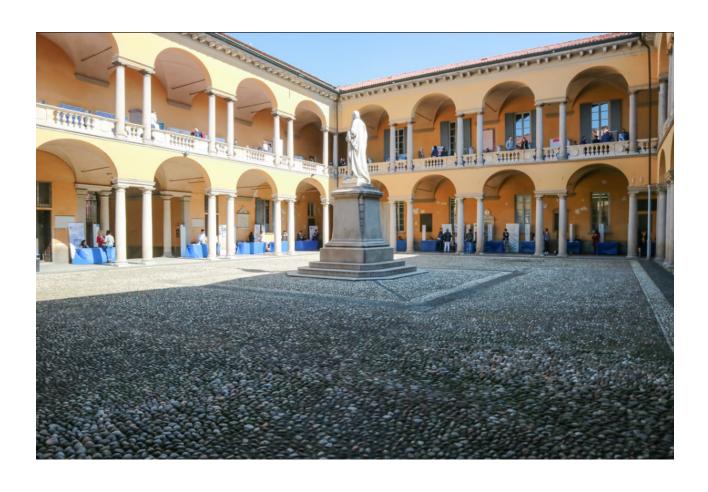








# 4° EC2U Forum 4-7 April 2022 - Pavia LOGISTICS NOTE























The 4° EC2U Forum will be hosted by the University of Pavia, and we are ready to welcome you at the best.

Below you can find some technical information to help you prepare for the Forum.

# MAIN LOCATIONS OF THE FORUM

The main activities of the forums will take place in:

- 1- Università Centrale (Aula Magna, Aula Disegno, Aula 400): Entrance from Corso Strada Nuova 65
- 2- City Hall: Piazza Municipio 2
- 3- Palazzo Vistarino: Via Sant'Ennodio 26
- 4- Polo Tecnologico: Via Fratelli Cuzio 42
- 5- Castello Visconteo: Viale XI Febbraio 35
- 6- CUS (University Sport Center): Via Agostino Bassi 9
- 7 ESN Office: Via Sant'agostino 1
- 8 Palazzo San Tommaso: Piazza del Lino 1



























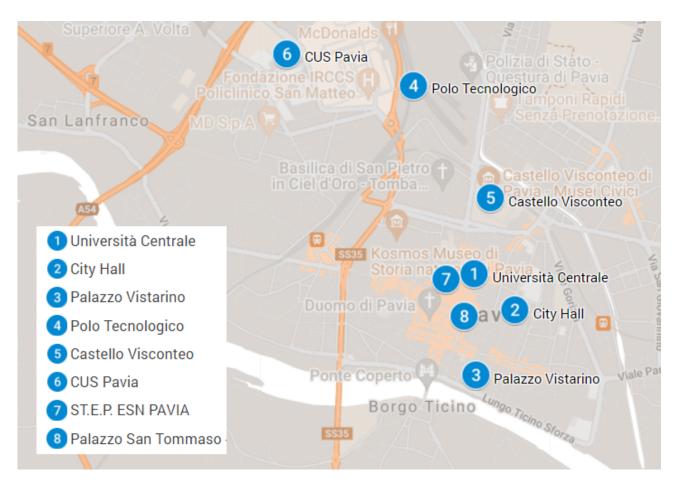












### **MEALS**

The University of Pavia will provide meals during the Forum, with some exceptions enlighted in the agenda. If you want, you can try one of our best restaurants located in the city center

Here are some suggestions

<u>La torre degli aquila</u> <u>Osteria della Madonna</u>

<u>Vita Restaurant</u> <u>Antica Trattoria Ferrari</u>

<u>Lino Bistrot</u> <u>Pizzeria la nuova mergellina</u>

<u>Civico Uno</u> <u>Pizzeria Marechiaro</u>

<u>Al Demetrio</u> <u>Pizzeria Bella Napoli</u>

<u>Il Retro Bistrot Vigoni</u> <u>Pizzeria Verdesalvia</u>





















### WI-FI

All the University areas are provided with wi-fi. You can connect to "EduRoam" and login with your institutional credentials.

# **COVID - RULES AND RESTRICTIONS**

In the University areas (indoor and outdoor), the use of a mask, interpersonal distancing, and the use of sanitizing gels are mandatory. It is also mandatory to possess a valid EU Covid Certificate ("Green Pass").

For covid-19 regulations when travelling to and from Italy and during your stay in Pavia please visit:

https://www.salute.gov.it/portale/nuovocoronavirus/homeNuovoCoronavirus.jsp?lingua=english and

https://europa.eu/youreurope/citizens/travel/travel-and-covid/italy/index\_en.htm

# **THE CITY**

Pavia is the capital of the fertile province of Pavia, in Lombardy, and counts approximately 70.000 inhabitants (and 26.000 students!). Founded in Roman times, from 568 to 774 Pavia became the capital of the Lombard Kingdom and its fascination remains intact with the center's maze of narrow streets, ancient churches, and elegant buildings, bordered by the Ticino river.

Pavia is a vibrant and culturally vivid city, with 19 museums and collections, 12 cultural centers, 4 cinemas and theatres, a music conservatory, and 2 civic schools of music and arts.

Pavia enjoys the advantages and services of nearby Milan, but offers a calm, captivating and cooperative environment with a higher quality of life.

# **HOW TO REACH PAVIA**

### BY PLANE TO MILAN

# Milan offers three airports:

Malpensa (90 km from Pavia), <u>Linate</u> (50 km from Pavia) or <u>Orio al Serio</u> (70km from Pavia).





















# How to get to Milan from the airport

<u>From Malpensa airport</u>: the **Malpensa Shuttle Coach Buses** connect each 20 minutes the Milan Central train station with Malpensa Airport. More information can be found here: <a href="https://www.malpensashuttle.it/">https://www.malpensashuttle.it/</a>

<u>From Linate airport</u>: it is possible to reach the Milan Forlanini station, directly connected to the airport through the <u>urban bus line 73</u> (7 stops for a journey of about 10 minutes). More information and different options can be found here: <u>www.milanolinate-airport.com</u>

<u>From Orio al Serio airport</u>: the **OrioShuttle** connects the Milan Central train station with Orio al Serio Airport. More information can be found here: <a href="http://www.orioshuttle.com/">http://www.orioshuttle.com/</a>

# **BY TRAIN TO MILAN**

Most European cities are connected to Milan's central railway station by direct trains.

Click here to visit Trenitalia website to book and consult schedules.

### BY FLIXBUS TO MILAN

Many European cities are connected to Milan by FlixBus. From FlixBus stops, you can take an ATM Milano bus/metro to Milan Famagosta bus station.

Click here to book a seat on a Flixbus.

### **FROM MILAN TO PAVIA**

From Milan you can get to Pavia by taxi, by train or by bus.

From Milan's central railway station to Pavia there are two train options: regional ones and intercity ones. Other Milan's railway stations such as Milan Rogoredo, Milan Bovisa, Milan Porta Garibaldi are connected to Pavia through regional trains, as well. Click <a href="here">here</a> to visit *Trenitalia* website to book and consult schedules.

Milano Famagosta Bus station is connected as well to Pavia's bus station by buses running every 30 minutes (Autoquidovie Pavia Line 175).

### **HOW TO MOVE IN PAVIA**

The city center of Pavia is quite small and it is easy to walk through the main areas of the city in less than 30 minutes.

# **BY URBAN BUS**





















Pavia's local bus company is called *Autoguidovie Pavia*. You can buy urban tickets (1,30€ each) at the newsstand/tobacco shop, on board (with an extra charge), or directly on the app "Autoguidovie", which is available in several languages. On the app, you can plan your journey and check the bus schedule for each stop. It is possible to buy a 10-journeys carnet, or weekly and monthly subscriptions.

(One of the activity of the EC2U Forum will be held in the Polo Tecnologico, that you can reach on foot (18 minutes) or by bus (Line 3 Colombarone: from "Pavia Castello (Musei Civici)" to "Pavia Trieste/longobardi").

# **BY BIKE AND CAR SHARING**

Pavia in Bici is the bike-sharing service provided by the city of Pavia. It is possible to rent a bike in one of the different bike parks. The first hour of use is completely free.

*E-vai* is the car-sharing service provided by the Lombardy Region. At a price of 6€ per hour, users can rent an eco-friendly car to move and park for free throughout the region (even in restricted areas of the city center).

# **EMERGENCY CONTACT**

For Police, Rescue and Fire Department, Medical Assistance (emergency) call 112.

# **HEALTHCARE IN PAVIA**

- Fondazione I.R.C.C.S. Policlinico San Matteo
  - Viale Camillo Golgi, 19, tel. +39 0382 5011
- First Aid Emergency (Pronto Soccorso) at Policlinico San Matteo Vicolo Campeggi, Pavlion (padiglione) 29 - open 24 hours a day
- Private Doctor General Practitioner in Pavia
  - Dr. Maurizio Dacco, address: via Villa Glori, 1
  - To book an appointment call +39 038220871 from 9 am to 11 am

Friendly advice: before choosing a general practitioner contact your health care consultant for an updated list of participating physicians and medical facilities. Public health facilities may have administrative policies and payment procedures different from your specific private health care plan.









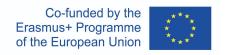












### **PHARMACIES**

On the main road of the city, there are several pharmacies:

Farmacia Rovello (Monday closed)

Address: Corso Strada Nuova, 45

Hours: Tuesday - Saturday 8:30 am - 1:30 pm, 2:30 pm - 7:30 pm

Sunday 9 am - 12.30 am, 3 pm - 7 pm

Farmacia Fapa (Sunday closed)

Address: Corso Strada Nuova, 100

Hours: Monday - Friday 8:30 am - 1:30 pm, 3 pm - 7 pm

Saturday 8:30 am - 12.30 am

• Farmacia dell'Università (Sunday closed)

Address: Corso Strada Nuova, 122

Hours: Monday - Friday 8:30 am - 1 pm, 3:30 pm - 7:30 pm

Saturday 9 am - 1 pm

Farmacia Dr. Marco Tonello(Sunday closed)

Address: Corso Strada Nuova, 12

Hours: Monday - Saturday 8:30 am - 12:30 am, 3:30 pm - 7:30 pm

# **ACCOMMODATION**

Please refer to the "Accomodation document" included in the Forum website.

# **TOURISM**

### **MAIN TOURISTIC ATTRACTION IN PAVIA**

The old Bridge, also known as Ponte Coperto, is the symbol of the city and connects the two banks of the Ticino river, which divides the city into two parts.

The Cathedral of Pavia, dedicated to Santo Stefano Martire and Santa Maria Assunta, is the most impressive church in Pavia and an important Renaissance building. It has an octagonal masonry dome, one of the largest in Italy in terms of height and width

The Castello Visconteo is a stately palace symbol of the power, wealth and refinement of the Visconti. It was Galeazzo II who wanted its construction in 1360, after having conquered Milan and Pavia. It was a symbolic gesture to link its power to that of the Lombards because Pavia had been the capital of the Italian Kingdom until 1024

The Civic Museums and the civic Pinacoteca Malaspina are located in the Castello Visconteo. For more information about opening time and price visit the website: <a href="https://museicivici.comune.pv.it/site/home.html">https://museicivici.comune.pv.it/site/home.html</a>

# **MAIN TOURISTIC ATTRACTION SURROUNDING PAVIA**





















<u>Certosa di Pavia</u> (Monastery of Pavia). It is located near Pavia, in the municipality of Certosa di Pavia, and it is one of the most beautiful monuments of the Renaissance.. For more information about prices and opening times visit the website: <a href="https://www.certosadipavia.it/">https://www.certosadipavia.it/</a>

The <u>Ticino Park</u> is a natural protected area that develops along the banks of the Ticino river. Here you can have <u>long walks</u> along the park's paths and enjoy the natural landscapes and wildlife.

<u>Oltrepo' valley</u> (literally "beyond the Po" river) is another crucial touristic attraction of the Province of Pavia, famous for the huge variety of locally produced wine, restaurants and farmhouses.

Milan is an important reference point for Pavia, especially for the cultural initiatives it offers. Besides being one of the world's fashion capitals, Milan has plenty of Museums and temporary exhibitions worth visiting: <a href="Pinacoteca di Brera">Pinacoteca di Brera</a>, <a href="Fondazione Prada">Fondazione Prada</a>, <a href="Museo del '900">Museo del '900</a>, <a href="Triennale di Milano">Triennale di Milano</a> are just a few of them. Milan also offers a huge variety of events and everyday you can find something that suits you! Here is the updated list of events in the Municipality of Milan: <a href="https://www.comune.milano.it/ufficio-stampa/elenco-eventi">https://www.comune.milano.it/ufficio-stampa/elenco-eventi</a>.

### **Food and Culture**

In addition to the typical foods in Italy such as pizza and pasta, in Pavia you can also find Pavia's soup, the Vigoni cake and a large choice of risottos.

You can't miss them!

# CLIMATE

Though Pavia is not very famous for being a warm and sunny city in winter, spring is the best time to visit and enjoy mild days and nature in bloom, taking long walks in the Ticino park or through the city streets.

### **LANGUAGE**

Even if it is an international city lived by students and workers from around the world, the main spoken language is Italian and particularly in small shops and bars you can have difficulties to communicate in English.

Therefore, be prepared for your stay in Pavia by learning some Italian before and during your journey to Italy!





















# Here a few useful "survival" sentences in italian:

- Good evening: buonasera
- Good night: buonanotte
- Good morning: buongiorno
- My name is ... : il mio nome è ...
- I don't understand: non capisco
- I'm sorry I don't speak italian very well: mi dispiace non parlo molto bene italiano
- Could you speak more slowly please?: può parlare più lentamente per favore?
- Where's the University?: Dove si trova l'Università?
- I'd like a coffee please: vorrei un caffè per favore
- I am vegetarian: Sono vegetariano
- I need a taxi: mi serve un taxi
- Where's the bathroom: dov'è il bagno?
- Where's the bus stop?: dov'è la fermata dell'autobus?
- What time does it close?: a che ora chiude?
- How much is it?: quanto costa?

### **Contact**

If you have any questions contact: ec2u@unipv.it













