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UNIVERSITÀ
DI PAVIA

Transgenerational Aging & Gendered Life-Cycle Approach

EC2U Summer School | Pavia |
18–25 September 2022

Call open until: 17/07

Apply now!

Info and Application details:
<https://ec2u.eu/news/summer-winter-schools>



European Campus
of City-Universities



Agenda: 18–25 September 2022

Sunday, 18 SEP Arrival | Sunday, 25 SEP Departure

Monday, 19 SEP

Official Opening

Transgenerational Ageing (Rossella Nappi – University of Pavia)

Gendered Life-Cycle Approach in practice (Laura Cucinella - University of Pavia)

Cognitive function in a multigenerational cohort (Suvi Rovio - University of Turku)

Visit to Botanic Garden & Welcome Cocktail

Tuesday, 20 SEP

Skeletal Muscle Plasticity in Health and Disease (Simone Porcelli – Università di Pavia)

Physical activities for senior ladies (theory and practice) (Iulian Dumitru - University of Iasi)

Nutrition and sportive activities in young generations (Cinzia Ferraris - University of Pavia)

City Tour & Social evening event

Wednesday, 21 SEP

The most common cancer in women: breast cancer in the life cycle. A focus on experimental models (Marina Holgado Madruga - University of Salamanca)

Nutrition in the elderly (Ilaria di Napoli - University of Pavia)

Why do life courses never forget? Your best friends toward long run well-being and healthy life (Daniela Soitu - University of Iasi)

Social evening event

Thursday, 22 SEP

Health determinants among students (Anna Odone & Giacono Vigezzi - University of Pavia)

Gender-oriented interventions for students' wellbeing: real-life data (Lena Schmtz - University of Jena)

Team Building activity – Rafting

Social evening event

Friday, 23 SEP

Health is a fundamental right - a gender perspective (Carmen Moldovan - University of Iași)

From active aging to healthy aging (Elena Cavallini - University of Pavia)

Regenerative Medicine: where do we stand? (Federica Riva & Manuela Monti - University of Pavia)

Workshop on fitness activity for older adults (elders)

Guided visit at Kosmos Museum

Participation at the European Researchers' Night

Saturday, 24 SEP

Wearables and devices (Paola Cerchiello - University of Pavia)

Tips & tricks for healthy longevity: down to practice (Lara Tiranini & Rossella Nappi - University of Pavia)

Goodbye Lunch & final remarks

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