



UNIVERSITÀ
DI PAVIA



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EC2U Summer School

Transgenerational Aging & Gendered Life-Cycle Approach

18 – 25 September 2022

University of Pavia

Pavia (Italy)

Sunday, September 18		
14.00 – 23.00 (time allocated for check-in)	Arrival and accommodation	Palazzo Vistarino
Monday, September 19		
9.00-9.30	Registration	Palazzo Vistarino
9.30-10.00	Ice – breaking activities	
10.00 -10.30	Official Opening & Welcome remarks	
10.30-13.00	<i>Transgenerational Ageing – Rossella Nappi (University of Pavia)</i>	
13.00 -14.30	Lunch Break (not provided)	A list of suggested places will be provided
14.30-16.30	<i>Gendered Life-Cycle Approach in practice – Laura Cucinella (University of Pavia)</i>	Palazzo Vistarino



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16.30 -18.00	<i>Cognitive function in a multigenerational cohort</i> – Suvi Rovio (University of Turku)	
18.00 -20.00	Visit to Botanic Garden & Welcome Cocktail (provided by UNIPV)	Botanic Garden
Tuesday, September 20		
9.30-11.00	<i>Skeletal Muscle Plasticity in Health and Disease</i> – Simone Porcelli (University of Pavia)	Palazzo Vistarino
11.00-12.30	<i>Physical activities for senior ladies (theory)</i> – Iulian Dumitru (University of Iasi)	
13.00-14.30	Lunch Break (not provided)	A list of suggested places will be provided
14.30-16.00	<i>Physical activities for senior ladies (practice)</i> – Iulian Dumitru (University of Iasi)	Palazzo Vistarino
16.00-18.00	<i>Nutrition and sportive activities in young generations</i> – Cinzia Ferraris (University of Pavia) – online intervention	
Wednesday, September 21		
9.30-11.00	<i>The most common cancer in women: breast cancer in the life cycle. A focus on experimental models</i> – Marina Holgado Madruga (University of Salamanca)	Palazzo Vistarino
11.00-12.30	<i>Nutrition in the elderly</i> – Ilaria di Napoli (University of Pavia)	



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13.00-14.30	Lunch Break (not provided)	A list of suggested places will be provided
14.30-18.00	<i>Why do life courses never forget? Your best friends toward long run well-being and healthy life –</i> Daniela Soitu (University of Iasi)	Palazzo Vistarino
18.00-19.30	City tour organised by STEP ESN Pavia	City center of Pavia
	Social evening event organised by STEP ESN Pavia	
Thursday, September 22		
9.30-11.00	<i>Health determinants among students –</i> Anna Odone & Giacomo Vigezzi (University of Pavia)	Palazzo Vistarino
11.00-12.30	<i>Gender-oriented interventions for students' wellbeing: real-life data –</i> Lena Schmtz (University of Jena)	
12.30-14.00	Lunch Break (not provided)	A list of suggested places will be provided
14.30-17.00	<i>Team Building activities</i> (Rafting Zerbolò - Pavia) organised by CUS Pavia	Meeting point at CUS-Capannone dei campioni
	Social evening event organised by STEP ESN Pavia	
Friday, September 23		



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9.30-11.00	<i>Health is a fundamental right - a gender perspective –</i> Carmen Moldovan (University of Iași)	Palazzo Vistarino
11.00-12.30	From active aging to healthy aging – Elena Cavallini (University of Pavia)	
12.30-14.00	Lunch Break (not provided)	A list of suggested places will be provided
14.00-15.30	<i>Regenerative Medicine: where do we stand?</i> – Federica Riva & Manuela Monti (University of Pavia)	Palazzo Vistarino
15.30 – 17.00	<i>Workshop on fitness activity for older adults (elders)</i>	
17.30 -19.00	Guided visit at Kosmos Museum	Kosmos Museum
	Social evening event organised by STEP ESN Pavia	
Saturday, September 24		
9.30-11.00	<i>Wearables and devices –</i> Paola Cerchiello (University of Pavia)	Palazzo Vistarino
11.00-13.00	<i>Tips & tricks for healthy longevity. down to practice –</i> Lara Tiranini & Rossella Nappi (University of Pavia)	
13.00-14.30	Goodbye Lunch (provided by UNIPV)	Place to be defined
14.30-16.00	Final remarks and evaluation	Palazzo Vistarino
Sunday, September 25		



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08.00 – 10.00	Departure (check out available until 10.00)	Palazzo Vistarino
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