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# Virtual Institute for Good Health and Well-being: GLADE

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MOBILITIES FOR GLADE ACTIVITIES – CALL  
FOR STAFF AND Ph.D. STUDENTS

# Virtual Institute for Good Health and Well-being: GLADE

## MOBILITY CALL

### European Campus of City-Universities

The European Campus of City-Universities (EC2U) is a multi-cultural and multi-lingual Alliance consisting of seven long-standing, education- and research-led, locally and globally engaged universities: the University of Coimbra, the Alexandru Ioan Cuza University of Iasi, the Friedrich Schiller University of Jena, the University of Pavia, the University of Poitiers, the University of Salamanca and the University of Turku.

### The Virtual Institute for Good Health and Well-being (GLADE)

GLADE is the EC2U Alliance's Virtual Institute aimed to develop specific approaches in education, research, innovation, and service transfer to the community in areas of the third UNSDG: Good Health and Well-being for All.

The Virtual Institute GLADE is the headquarter for:

- EC2U Glade Literacy LAB that encourages itinerant conferences of EC2U specialists, Summer Schools, and short video trainings in the area of good health and well-being for all;
- EC2U GLADE Transformative Research HUB that initiates and supports studies, guidelines for local authorities, and paper policy on Good Health and Well-being;
- EC2U GLADE Healthy Campus Services focuses on a brand new approach to Health on Campuses.

### Objectives of the mobilities for research/conferences/workshops

The main objective of the GLADE Virtual Institute is to develop cooperation contexts for promoting health and well-being in the 7 EC2U universities and their cities.

### *Specifics objectives:*

1. The beneficiaries will be able to go to EC2U universities to hold conferences on topics specific to the Glade Virtual Institute (including the half-day conferences);
2. The beneficiaries will be able to create, together with colleagues from EC2U universities, common materials (e.g short videos) on the specific GLADE topics (cf. to the list below), which will later be made available to the general public on the Glade/ EC2U website;
3. Beneficiaries will initiate joint teams to work on studies, publications, presentations at conferences, and research projects. The results can be subsequently published, presented at GLADE conferences, and proposed for financing.
4. Beneficiaries will be able to go to another EC2U university to carry out research activities and to work on projects for funding on GLADE specific topics;
5. The beneficiaries will be able to go to EC2U universities to carry out / deepen activities on peer counseling and healthy campus topics.

### **Eligibility, number of mobilities, and duration**

#### *Eligibility - status*

Applicants may be from any of the EC2U university's staff (professors, researchers) and Ph.D students.

#### *Eligibility - topics*

The applicants interested in the following GLADE topics are encouraged to apply:

- |  |  |
|--|--|
| • Aging (biological, socioeconomic and psychological)  | • Well-being (psychological, social, environmental, physical)                                |
| • Gender well-being and autonomy   | • Lifelong well-being  |
| • Social and environmental determinants in health  | • Health and organizations (health in campus)  |
| • Health system management and policy ; healthy cities   | • Dependency, autonomy and smart aging   |
| • Silver economy   | • Mental health and cognitive issues   |
| • Inflammatory and chronic pathologies (prevention, diagnosis, treatment and through different lenses) | • Viral pathologies (Covid19, economic and societal consequences, health responses to Covid) |
| • Brain aging and mental health  | • Non-communicable diseases  |
| • Cancer (prevention, prognosis, treatment, social determinants)                                       | • Cellular and molecular basis of Angiogenesis   |
| • Lifestyle (nutrition, exercise, nutrition, wearables)  | • Promotion of Health (psychological, social, environmental, physical)                       |
| • Online peer counselling for students of all ages   | • Other Topic.....   |

### Eligibility - Staff

- must be an employee of one of the seven EC2U universities (academic staff, administrative staff, researchers, Ph.D. students);
- must be able to engage in teaching/research/administrative activities for the duration of the mobility project;
- must have a working knowledge of English or of one of the 7 languages of the EC2U universities.

### Number of mobilities

A total of **35 mobilities for staff** and Ph.D. students (5 per university) will be funded.

For each university:

Mobilities	Number of mobilities	No of days	Mobility to be performed until:
<b>Itinerant Conferences in EC2U Universities</b> (related to the 1st specific objective)	2	4	<b>30<sup>th</sup> September 2023</b>
<b>Short trainings (video recorded) in areas of Health and Well-being</b> (related to the 2nd specific objective)	1	5	<b>30<sup>th</sup> September 2023</b>
<b>Working in teams</b> <b>Project applications</b> (related to the 3rd and 4th specific objectives)	1	5	<b>30<sup>th</sup> September 2023</b>
<b>Peer support for students</b> (related to the 5th specific objective)	1	5	<b>30<sup>th</sup> September 2023</b>

### Requirements and obligations

- Grantees must carry out activities according to the commitments in the application form;
- Grantees agree to become members of the Glade Virtual Institute.
- If these mobilities lead to the publishing of papers, the authors should acknowledge the EC2U support by adding the following sentence to their papers: *This work has been partially supported by the EC2U Alliance and its Erasmus + Grant n° 101004065-EC2U.*

## Evaluation

The candidates will be assessed based on the answers given in the application form.

The applications will be first evaluated by each EC2U university and after by the GLADE Virtual Institute Board.

## Submission of proposals and deadlines

Proposals can be continuously submitted to your local GLADE representative **until 30<sup>th</sup> of April 2023**.

- If you are from the University of Jena, [click here to submit a proposal](#)
- If you are from the University of Iasi, [click here to submit a proposal](#)
- If you are from the University of Coimbra, [click here to submit a proposal](#)
- If you are from the University of Pavia, [click here to submit a proposal](#)
- If you are from the University of Poitiers, [click here to submit a proposal](#)
- If you are from the University of Salamanca, please contact directly [mholgado@usal.es](mailto:mholgado@usal.es)
- If you are from the University of Turku, [click here to submit a proposal](#)

## Contact

The local GLADE Virtual Institute university representatives are:

- FSU: [ruediger.trimpop@uni-jena.de](mailto:ruediger.trimpop@uni-jena.de) / [lana.schmitz@uni-jena.de](mailto:lana.schmitz@uni-jena.de)
- UAIC: [daniela.soitu@uaic.ro](mailto:daniela.soitu@uaic.ro) / [petronela.spiridon@uaic.ro](mailto:petronela.spiridon@uaic.ro)
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- USAL: [mholgado@usal.es](mailto:mholgado@usal.es)
- UTU: [samast@utu.fi](mailto:samast@utu.fi)

Please contact your local EC2U coordinators if you have administrative questions:

- USAL: María Teresa Pérez Martín, [ec2u1@usal.es](mailto:ec2u1@usal.es)
- UC: LILIANA Moreira, [dri.intstudy@uc.pt](mailto:dri.intstudy@uc.pt)
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